



# Sports Eligibility for U.S. Athletes with Intellectual & Developmental Disability

SPORT CLASS	ELIGIBILITY CRITERIA	EVIDENCE REQUIRED	PARALYMPIC SPORTS	VIRTUS/AWL SPORTS
<b>Virtus II-1:</b> <b>Intellectual Disability</b>  <b>Paralympic Classes:</b> Athletics T20 Swimming S14 Table Tennis 11  <b>World Taekwondo:</b> Para Class P20	<b>Athletes with Intellectual and Developmental Disabilities who have:</b> <ol style="list-style-type: none"> <li>Full-Scale IQ score of 75 or lower;</li> <li>Significant limitations in adaptive behaviour;</li> <li>and onset before age 18.</li> </ol> <p><i>Note: This class includes athletes diagnosed with Autism who have co-occurring intellectual disability and athletes with <b>Mosaic</b> Down Syndrome who are AAI clear or asymptomatic.</i></p>	<b>EVIDENCE REQUIRED:</b> <ol style="list-style-type: none"> <li>Weschler WAIS/WISC or Stanford Binet IQ Assessment, Report and Summary of Scores within last 5 years</li> <li>Vineland, ABAS, or AAMR Adaptive Behavior Assessment, Report and Summary of Scores within last 5 years.</li> <li>IQ or other relevant scores or diagnosis from before age 18 referenced in a report.</li> </ol> <p><i>(For National Level eligibility athletes should send the most recent IQ &amp; Adaptive Assessments they have on file)</i></p>	<ol style="list-style-type: none"> <li><b>Athletics (T20)</b> 400m, 1500m Long Jump, Shotput</li> <li><b>Swimming (S14)</b> 100mFree, 200mFree, 100mBack, 100mBreast, 100mFly, 200mIM, 4x100mFree Relay</li> <li><b>Table Tennis (11)</b> Singles</li> </ol>	<ol style="list-style-type: none"> <li><b>Athletics</b> (All Events)</li> <li><b>Basketball</b></li> <li><b>Cycling</b></li> <li><b>Equestrian</b></li> <li><b>Rowing</b></li> <li><b>Skiing Nordic/Alpine</b></li> <li><b>Swimming</b> (All Events)</li> <li><b>Table Tennis</b> (All Events)</li> <li><b>Taekwondo</b> (Includes Para World Taekwondo P20 Class)</li> <li><b>Tennis</b></li> </ol>
<b>*Virtus II-2:</b> <b>Additional Impairment: Down Syndrome</b>	<b>Athletes with Down Syndrome who have:</b> <ol style="list-style-type: none"> <li>A formal diagnosis of Trisomy 21 or Translocation Down Syndrome</li> <li>For safety athletes must not have <i>symptomatic</i> Atlantoaxial Instability (AAI)</li> </ol>	<b>EVIDENCE REQUIRED:</b> <ol style="list-style-type: none"> <li>Copy of genetic testing showing a formal diagnosis and type of Down Syndrome (Tri21 ) A statement from Physician will be accepted for National Level only.</li> <li>AAI status signed by Physician (See Athlete Application Page 3) and copy of AAI exam results if available.</li> </ol>	<b>There is not a separate class for Down Syndrome in Paralympic sport.</b>  <i>Athletes with Down Syndrome who also meet the criteria for II-1 Intellectual Disability may be classified in that class to be eligible for Paralympic events.</i>	<ol style="list-style-type: none"> <li><b>Athletics/Track &amp; Field</b></li> <li><b>Cycling (AWL Only)*</b></li> <li><b>Equestrian (AWL Only)*</b></li> <li><b>Rowing (AWL / National)*</b></li> <li><b>Skiing (AWL Only)*</b></li> <li><b>Swimming</b></li> <li><b>Table Tennis</b></li> <li><b>Taekwondo (AWL Only)*</b></li> <li><b>Tennis</b></li> </ol>
<b>*Virtus II-3:</b> <b>High Functioning Autism</b>	<b>Athletes with (High Functioning) Autism who have:</b> <ol style="list-style-type: none"> <li>A Full-Scale score IQ of 76 or higher, OR no diagnosis of intellectual disability, and;</li> <li>A formal diagnosis of Autism, ASD or Aspergers Syndrome</li> </ol> <p><i>Note: Athletes with Autism who meet the criteria for II-1 Intellectual Disability will be classified in that class.</i></p>	<b>EVIDENCE REQUIRED:</b> <ol style="list-style-type: none"> <li>A formal diagnosis (or confirmation of previous diagnosis) of Autism, ASD or Asperger's syndrome, carried out by a licensed psychologist, using accepted diagnostic techniques such as ADOS, ASRS, ICD-10 Criteria for Autism, and background history, etc</li> <li>Athletes should include IQ and Adaptive Behavior assessments to confirm they do not meet criteria for Intellectual Disability.</li> </ol>	<b>There is not a class for High Functioning Autism in Paralympic Sport.</b>  <i>Only Athletes with Autism who meet the criteria for II-1 Intellectual Disability are eligible for Paralympic events.</i>	<ol style="list-style-type: none"> <li><b>Athletics/Track &amp; Field</b></li> <li><b>Cycling (AWL Only)*</b></li> <li><b>Equestrian (AWL Only)*</b></li> <li><b>Rowing (AWL / National)*</b></li> <li><b>Skiing (AWL Only)*</b></li> <li><b>Swimming</b></li> <li><b>Table Tennis</b></li> <li><b>Taekwondo (AWL Only)*</b></li> <li><b>Tennis (AWL Only)*</b></li> </ol>
<p><b>*Virtus (formerly Inas) began piloting two additional eligibility groups II2 &amp; II3 to be recognized at VIRTUS events where viable. The sports and event s offered by Virtus events and criteria for these groups and will be revised/expanded as the pilot progresses.</b></p>				



# Sports Eligibility for U.S. Athletes with Intellectual & Developmental Disability



## Who's Who in Virtus & Paralympic Sport?

**Virtus : World Intellectual Impairment Sport (formerly Inas)** is the International Federation responsible for managing and overseeing the eligibility process for athletes with intellectual impairment wishing to compete at VIRTUS and Paralympic competition. Virtus is a founding member of the International Paralympic Committee (IPC) and hosts World & Regional Championships, Global Games and other International events open to athletes with intellectual impairment in 10 sports from 3 Eligibility Groups: Intellectual Disability, Down Syndrome, and High Functioning Autism.



**Athletes Without Limits (AWL)** is the sole US Member of Virtus (formerly Inas) and oversees US athletes' applications for Virtus & Paralympic sports eligibility for intellectual and developmental disability sports classes. After an athlete's eligibility application is complete and endorsed by our US Eligibility Psychologist, we submit it to the Virtus Eligibility Committee for International confirmation. Athletes Without Limits selects and organizes US Teams participating at Virtus World & Regional Championships & Global Games and hosts National and Virtus International Championships in the U.S.



**The International Paralympic Committee (IPC)** is responsible for overseeing the Paralympic Games, World Championships and Sports Specific Classification. In 2010 the IPC recognized a class for athletes with Intellectual Disability in select events in three sports: Swimming, Track & Field and Table Tennis.



**U.S. Paralympics** oversees **US Paralympic Swimming & US Paralympic Track & Field** sports-specific classification, team selection and US held competitions. The first step toward U.S. Paralympic eligibility for athletes with Intellectual Disability is to apply to Athletes Without Limits. After athletes receive eligibility confirmation, Athletes Without Limits will assist those interested in obtaining an IPC License from U.S. Paralympics.



**USA Table Tennis (USATT)** oversees US Paralympic Table Tennis sports classification, team selection and competitions. The first step toward Paralympic eligibility is to apply for eligibility with Athletes Without Limits.



**World Taekwondo** has partnered with INAS to manage eligibility for P20 class athletes with intellectual impairment competing in Para World Taekwondo events. Athletes must be confirmed eligible by Athletes Without Limits (and Virtus) prior to entering competition. Most events require *Provisional International* or *National Level* as the class develops.)



**USA Taekwondo (USAT)**, the US member of World Taekwondo, is recognized by the The United States Olympic Committee as the National Governing Body (NGB) for the sport of Taekwondo in the United States. The first step toward eligibility for Para Taekwondo Class P20 (Intellectual Impairment) is to apply for eligibility with Athletes Without Limits.